

JUBILEE OF MERCY

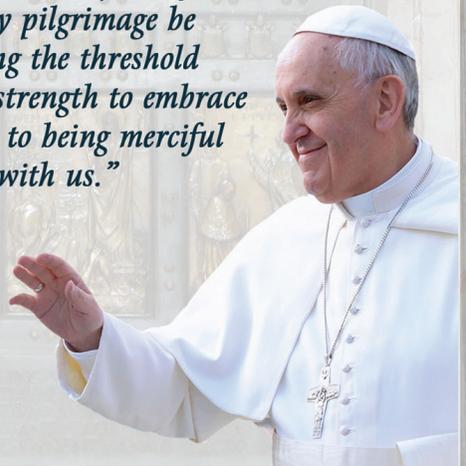
December 8, 2015 - November 20, 2016



HOLY DOOR AND PILGRIMAGE INFORMATION

“The practice of pilgrimage has a special place in the Holy Year, because it represents the journey each of us makes in this life.... May pilgrimage be an impetus to conversion: by crossing the threshold of the Holy Door, we will find the strength to embrace God’s mercy and dedicate ourselves to being merciful with others as the Father has been with us.”

(Pope Francis, Misericordiae Vultus #14)



DIOCESE OF WINONA

www.dow.org/mercy

HOLY DOOR AND PILGRIMAGE SITES

Diocese of Winona

× **Cathedral of the Sacred Heart – Winona, MN**

Address: 360 Main Street – Winona, MN 55987

[Located on the corner of Main and Wabasha Streets.]

Phone: 507-452-4770 / Email: info@cathedralwinona.org

Web: www.cascwinona.org

× **Sacred Heart Church – Adams, MN**

Address: 412 West Main Street / P.O. Box 352 – Adams, MN 55909

[Located on Highway 56 (Main Street) on the west edge of town.]

Phone: 507-582-3120 / Email: office@sacredheartadams.org

Web: www.sacredheartcluster.org

× **Sacred Heart Church – Brewster, MN** (Served by St. Francis Xavier Parish, Windom)

Address: 516 - 10th Street / P.O. Box 187 – Brewster, MN 56119

[Located six blocks southeast of Highway 60, on 10th Street.]

Phone: 507-842-5584 / Email: sacreds@centurytel.net

Web: www.sfxwindom.org

× **Sacred Heart Church – Hayfield, MN** (Served by St. Columbanus Parish, Blooming Prairie)

Address: 150 NE 2nd Street / P.O. Box 27 – Hayfield, MN 55940

[Located on the north side of Highway 30.]

Phone: 507-477-2256 / Email: sacredhearthyayfield@gofast.am

Web: www.stcolumbanuschurch.com

× **Sacred Heart Church – Heron Lake, MN** (Served by St. Francis Xavier Parish, Windom)

Address: 321 - 9th Street / P.O. Box 377 – Heron Lake, MN 56137

[Located two blocks southeast of Highway 60, on 9th Street.]

Phone: 507-793-2357 / Email: sacredhearthl@gmail.com

Web: www.sacredheartheronlake.org

× **Sacred Heart Church – Owatonna, MN**

Address: 810 South Cedar Avenue – Owatonna, MN 55060

[Located about one mile north of Highway 14, on Cedar Avenue.]

Phone: 507-451-1588 / Email: info@sacredheartowatonna.org

Web: www.sacredheartowatonna.org

Contacts: Monica Anderson (monicaa@sacredheartowatonna.org)

Sandy Strand (sandys@sacredheartowatonna.org)

Notes: The church is open at various times. Please call ahead for specific information.

× **Sacred Heart Church – Waseca, MN**

Address: 111 - 4th Street NW – Waseca, MN 56093

[Located on Highway 14, two blocks west of the Highway 13 intersection.]

Phone: (507) 835-1222 / Email: sacredheart@hickorytech.net

Web: www.sacredheartwaseca.org

× **Our Lady of Lourdes Chapel (at Assisi Heights) – Rochester, MN**

[Directions to Assisi Heights (and to Our Lady of Lourdes Chapel) are available online at the Sisters of Saint Francis' web site: www.rochesterfranciscan.org. Click on "Address & Directions" under the "Contact Us" tab.]

Address: 1001 - 14th Street NW, Suite 100 – Rochester, MN 55901

Phone: (507) 282-7441 / Email: info@rochesterfranciscan.org

Web: www.rochesterfranciscan.org

Contact: Lynn Streefland (lynn.streefland@assisiheights.org)

Notes: Mass is celebrated in the chapel on Sunday through Thursday, at 11:00 am. The chapel is open to individuals on weekdays from 9:00 am - 4:30 pm. For group visits, and/or to visit the chapel on an evening or weekend, please call ahead to make arrangements.

Tours of Assisi Heights are scheduled on most Mondays and Saturdays at 2:00 pm, unless other events or holidays preclude that schedule. Please call for reservations at 507-282-7441, and ask for Sister Alice. Special group tours are available upon request. No admittance fees; however, donations are welcomed and appreciated.

× **Sacred Heart Mercy Health Care Center Chapel – Jackson, MN**

Address: 803 4th Street – Jackson, MN 56143

Phone: (507) 847-3571 / Email: paradism@sacredheartmercy.net

Contact: Sister Mary Raphael Paradis, RSM

Notes: The Holy Door is open on Monday through Friday, from 8:30 am - 4:30 pm. There is also a monthly Holy Hour in the chapel on the First Friday of the month, from 11:30 am - 12:30 pm.

Generally, information on Mass times and contact information for each of the sites is available online at the diocesan web page (www.dow.org) and at the web pages listed above. A group planning a pilgrimage to one of these sites is asked to first contact the pilgrimage site regarding its plans and the arrangements needed.

INDULGENCES AND THE YEAR OF MERCY

Definition of and Conditions for an Indulgence

From the *Catechism of the Catholic Church* (#1471)

“An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain prescribed conditions through the action of the Church which, as the minister of redemption, dispenses and applies with authority the treasury of the satisfactions of Christ and the saints.”

From the *US Catholic Catechism for Adults* (p. 244)

“Every sin has consequences. It disrupts our communion with God and the Church, weakens our ability to resist temptation, and hurts others. The necessity of healing these consequences, once the sin itself has been forgiven, is called temporal punishment. Prayer, fasting, almsgiving, and other works of charity can take away entirely or diminish this temporal punishment. Because of the fullness of redemption obtained for us by Christ, the Church attaches to certain prayers and actions an indulgence or pardon, that is, the full or partial remission of temporal punishment due to sin. Christ, acting through the Church, brings about the healing of the consequences of sin when an individual uses such a prayer or engages in such an action.”

Conditions for Gaining a Partial Indulgence

- ƒ Be baptized, not excommunicated, and in a state of grace.
- ƒ Have the intention of gaining the indulgence (including being contrite)
- ƒ Perform the work or offer the prayers as described
 - For the Year of Mercy—see other side of this page
- ƒ May be obtained more than once per day.

Conditions for Gaining a Plenary Indulgence

In addition to the above:

- ƒ Exclude all attachment to sin
- ƒ Three conditions:
 - ƒ Go to sacramental confession
 - ƒ Receive Eucharistic Communion
 - ƒ Pray for the intentions of the Holy Father
- ƒ May only be obtained once per day.

If any component is lacking, the indulgence will be partial.

“Indulgences *can* always be applied either to oneself or to the souls of the deceased, but they cannot be applied to other persons living on earth.” (Vatican, “The Gift of Indulgence,” #7)

Plenary Indulgence for the Year of Mercy

(The information and quotes below are taken from a letter of Pope Francis, dated September 1, 2015, sent to Archbishop Rino Fisichella, the President of the Pontifical Council for the Promotion of the New Evangelization. The text of the letter can be found at the Vatican's web page for the Jubilee of Mercy: www.im.va/.)

- Those who make a pilgrimage to and pass through the Holy Door/Door of Mercy at
 - ƒ St. Peter's Basilica in Rome or any of the other Papal Basilicas in Rome;
 - ƒ Any Shrine or Jubilee church in which the Door of Mercy is open; or
 - ƒ The Holy Door in every Cathedral or church designated by the Diocesan Bishop.
- "It is important that this moment be linked, first and foremost, to the Sacrament of Reconciliation and to the celebration of the Holy Eucharist with a reflection on mercy. It will be necessary to accompany these celebrations with the profession of faith and with prayer for me and for the intentions that I bear in my heart for the good of the Church and of the entire world."
- The sick and the elderly who are unable to go on pilgrimage may receive the Jubilee Indulgence by "[l]iving with faith and joyful hope this moment of trial [and] receiving communion or attending Holy Mass and community prayer, even through the various means of communication."
- Those who are incarcerated "may obtain the Indulgence in the chapels of the prisons." The Holy Father adds: "May the gesture of directing their thought and prayer to the Father each time they cross the threshold of their cell signify for them their passage through the Holy Door, because the mercy of God is able to transform hearts, and is also able to transform bars into an experience of freedom."
- Those who perform the spiritual and corporal works of mercy. ("Each time that one of the faithful personally performs one or more of these actions, he or she shall surely obtain the Jubilee Indulgence. Hence the commitment to live by mercy so as to obtain the grace of complete and exhaustive forgiveness by the power of the love of the Father who excludes no one.")
- The deceased. The Holy Father reminds us that we may gain the Jubilee Indulgence not only for ourselves, but for the deceased as well. He states: "...as we remember them in the Eucharistic celebration, thus we can, in the great mystery of the Communion of Saints, pray for them, that the merciful Face of the Father free them of every remnant of fault and strongly embrace them in the unending beatitude."
- Once they have crossed through the Holy Door or Door of Mercy, or have fulfilled one of the other conditions under which Pope Francis has granted the Jubilee Indulgence, in addition to the usual conditions, the faithful should stop in prayer to fulfill the final actions asked for: the profession of faith, and prayer for the Holy Father and his intentions. The latter should be at least an "Our Father." Taking into consideration the spirit of this Holy Year, it is suggested that pilgrims recite the lovely prayer of Pope Francis for the Jubilee, and that they conclude the time of prayer with an invocation to the merciful Lord Jesus (for example, "Merciful Jesus, I trust in You").

(Thank you to the Diocese of Davenport for pulling this information together into a resource, and allowing our diocese to reprint the information above from their resource.)

PILGRIMAGE PRAYERS FOR THE YEAR OF MERCY

Traditional Catholic Prayers

(The texts of the traditional Catholic prayers listed below can be found on the web page of Loyola Catholic Press: <http://www.loyolapress.com/traditional-catholic-prayers.htm>.)

- f “Our Father”
- f “Hail Mary”
- f “Glory Be”
- f “Act of Faith” / “Act of Hope” / “Act of Charity”
- f “The Angelus”
- f “The Rosary”

The Apostles’ Creed

I believe in God the Father almighty; Creator of heaven and earth. And in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary; suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day he rose again from the dead; he ascended into heaven, and sits at the right hand of God the Father almighty; from thence he shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

Act of Contrition

O my God, I am heartily sorry for having offended you, and I detest all my sins because of your just punishments, but most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve with the help of your grace to sin no more and to avoid the near occasion of sin. Amen.

Chaplet of the Divine Mercy

- f On rosary beads, begin by praying one: “Our Father...” / “Hail Mary...” / “The Apostles’ Creed”
- f Then, on each of the “Our Father” beads, pray: “Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.”
- f On each of the “Hail Mary” beads, pray: “For the sake of his sorrowful Passion have mercy on us and on the whole world.”
- f In conclusion, pray three times: “Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.”

Jubilee Prayer

Lord Jesus Christ, you have taught us to be merciful like the heavenly Father and have told us that whoever sees you sees him. Let the Church be your visible face in the world. Send your spirit so that the Jubilee of Mercy may be a year of grace from the Lord, and your Church, with renewed enthusiasm, bring good news to the poor, proclaim liberty to captives and the oppressed, and restore sight to the blind. We ask this through the intercession of Mary, Mother of Mercy; you who live and reign with the Father and the Holy Spirit forever and ever. Amen.

The monthly intentions of our Holy Father can be found on the web page of the Apostleship of Prayer (<http://apostleshipofprayer.org/>).

RITE OF PENANCE

- ∩ Enter the confessional.
- ∩ Make the Sign of the Cross with the priest.
- ∩ Tell how long it has been since your last confession, saying:

***“Bless me, Father, for I have sinned.
It has been _____ (weeks, months, years) since my last confession.”***

- ∩ Confess all of your sins.
- ∩ Finish your confession by saying:

“I am truly sorry for these sins and all the sins of my whole life.”

- ∩ Listen as the priest gives you counsel.
- ∩ Accept the Penance from the priest.
- ∩ Pray the Act of Contrition.
- ∩ Listen as the priest says the words of Absolution

(These are the words that take away your sins. As the priest makes the sign of the cross over you, you make the sign of the cross on yourself, and respond, Amen).

- ∩ Dismissal

- f Priest: “Give thanks to the Lord for He is good.”
- f Penitent: ***“For His mercy endures forever.”***
- f Priest: “The Lord has freed you from your sins. Go in peace.”

- ∩ Perform the Penance assigned to you.

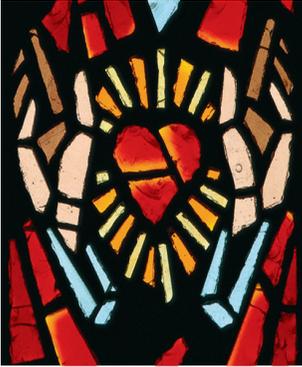
The Sacrament of Penance is an experience of the gift of God’s boundless mercy. . . .

Jesus entrusted the ministry of reconciliation to the Church. The Sacrament of Penance is God’s gift to us so that any sin committed after Baptism can be forgiven. In confession we have the opportunity to repent and recover the grace of friendship with God. It is a holy moment in which we place ourselves in his presence and honestly acknowledge our sins, especially mortal sins. With absolution, we are reconciled to God and the Church. The Sacrament helps us stay close to the truth that we cannot live without God. “In him we live and move and have our being” (Acts 17:28). While all the Sacraments bring us an experience of the mercy that comes from Christ’s dying and rising, it is the Sacrament of Reconciliation that is the unique Sacrament of mercy.

(From the United States Catholic Catechism for Adults, pp. 242, 243)



WHY THE “SACRED HEART” SITES?... BECAUSE IT IS A HEART OF MERCY!



This image is from the chapel at Sacred Heart Seminary and School of Theology, and used with the permission of the Priests of the Sacred Heart.

Sacred Heart parishes throughout the Diocese each have a Holy Door, and are places of pilgrimage during this Year of Mercy. So, the question arises: Why were the Sacred Heart parishes chosen? Let us take a look at the website of the Marian Fathers, who are the official promoters of the authentic Divine Mercy message since 1941. They write, “The Sacred Heart overflows with merciful love for us, and we are to overflow with love to others.” Our Lord also told St. Faustina about the mercy within His Most Sacred Heart, “My daughter, know that My Heart is mercy itself. From this sea of mercy, graces flow out upon the whole world. No soul that has approached Me has ever gone away unconsolated” (Diary, 1777).

So, during this Year of Mercy, may our hearts, too, be hearts of mercy, overflowing with the love of God and sharing His mercy with everyone we encounter.
Most Sacred Heart of Jesus, have mercy on us!

POPE FRANCIS...

“I wish that the Jubilee indulgence may reach each one as a genuine experience of God’s mercy, which comes to meet each person in the Face of the Father who welcomes and forgives, forgetting completely the sin committed. To experience and obtain the Indulgence the faithful are called to make a brief pilgrimage to the Holy Door, open in every Cathedral or in the churches designated by the diocesan bishop... as a sign of the deep desire for true conversion.”

(From a letter to Archbishop Rino Fisichella dated September 1, 2015)

“With these sentiments of gratitude for everything the Church has received, and with a sense of responsibility for the task that lies ahead, we shall cross the threshold of the Holy Door fully confident that the strength of the Risen Lord, who constantly supports us on our pilgrim way, will sustain us. May the Holy Spirit, who guides the steps of believers in cooperating with the work of salvation wrought by Christ, lead the way and support the People of God so that they may contemplate the face of mercy.” (Misericordiae Vultus #4)